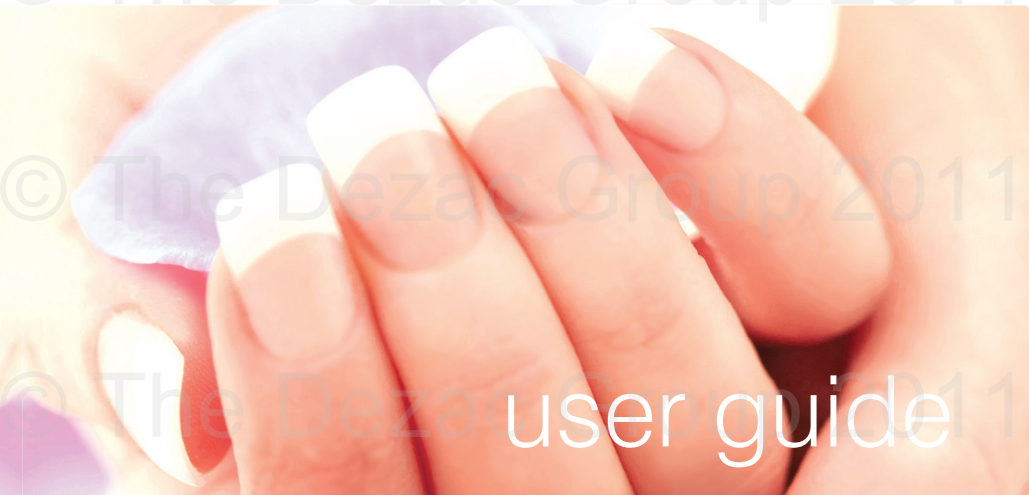


POP ACRYLIC NAILS™

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user guide

If you have any questions, or if you experience any difficulties with this product,
please call our Rio Caroline on 01242 702345
or email us at: online@rioibeautey.com

POP ACRYLIC NAILS

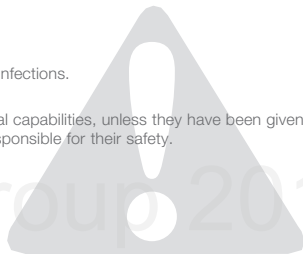
Pop Acrylic Nails make professional results even quicker and easier to achieve. The traditional method of applying acrylic nails can be difficult to master. With the Pop Acrylics Nail method you can now achieve stronger, great looking nails easily. Simply add the acrylic to the re-usable form and press on to the nail. Squeezing the form pops it off to reveal the perfect acrylic overlay.

The flawless top finish requires no surface filing or buffing. Polish can be applied straight away for a smooth, long lasting colour.

With a little practice you will be able to complete a set of nails in less than half an hour. Now you can have beautiful nails everyday.

PRECAUTIONS

- Do NOT use if you have open cuts on or around the cuticle or fungal nail infections.
- Keep out of reach of children. Not suitable for use by children under 14.
- NOT intended for use by persons with reduced physical, sensory or mental capabilities, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Avoid contact with eyes.
- ALWAYS use in a well ventilated area and do NOT breathe vapours.
- Not to be taken internally. For external use only.



WARNINGS

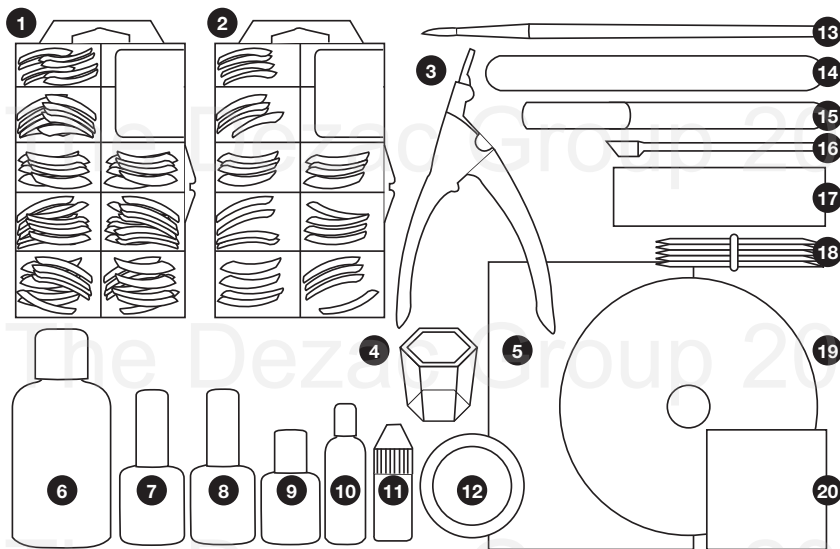
- **ACRYLIC LIQUID.** AVOID SKIN CONTACT. HIGHLY FLAMMABLE. DO NOT STORE OR USE NEAR NAKED FLAMES. USE IN A WELL VENTILATED AREA. DISCONTINUE USE IF IRRITATION OCCURS.
- **ACRYLIC POWDER.** AVOID SKIN CONTACT. READ DIRECTIONS FOR USE CAREFULLY. IRRITATING TO EYES, RESPIRATORY SYSTEM AND SKIN.
- **NAIL PRIMER.** HIGHLY FLAMMABLE. KEEP AWAY FROM NAKED FLAMES, POLISHED SURFACES OR SYNTHETIC MATERIALS. IRRITANT TO EYES.
- **NAIL PREP.** HIGHLY FLAMMABLE. KEEP AWAY FROM NAKED FLAMES, POLISHED SURFACES OR SYNTHETIC MATERIALS. IRRITANT TO EYES.
- **2-IN-1 VARNISH.** FLAMMABLE. AVOID CONTACT WITH EYES.
- **NAIL GLUE. DANGER.** BONDS SKIN AND EYES IN SECONDS. AVOID CONTACT OF NAIL GLUE WITH THE SKIN AND FABRIC OR CLOTHES, IN SOME CASES, THIS MAY CAUSE BURNING.

If fingers or other skin surfaces become stuck together, use a gentle rolling motion to try to separate them. If this does not work, try using a little acetone solution on the area. In case of contact with eyes, flush with water. Seek medical attention should irritation persist. Avoid contact with fabrics or cloths. In some cases, this may cause burning.

Nail glue deteriorates over time and needs replacing regularly. To maximise the glue life: always seal bottle well when not in use. Do not keep glue longer than 6 months otherwise performance may deteriorate.

ALL COSMETICS COMPLY WITH EU COSMETIC SAFETY REGULATIONS.

YOUR POP ACRYLIC NAILS KIT

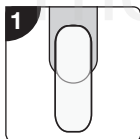


- | | | |
|------------------------------|-----------------------|--------------------------|
| 1. 100 Nail Extension Tips | 8. Nail Primer | 14. Grit File |
| 2. 50 Re-usable Nail Forms | 9. 2 in 1 Varnish | 15. Permanent Marker Pen |
| 3. Extension Tip Cutters | 10. Nail Prep | 16. Cuticle Pusher |
| 4. Dappen Dish | 11. Nail Glue | 17. White Sanding Block |
| 5. Step-by-Step Instructions | 12. Acrylic Powder | 18. Orange Sticks |
| 6. Acrylic Liquid | 13. Application Brush | 19. Step-by-Step DVD |
| 7. Cuticle Oil | | 20. Lint-Free wipes |

PREPARING THE FORMS

The forms are re-usable, so it is worth spending some time to get a really good fit on each one.

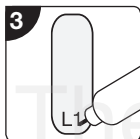
Your working area should be a flat surface covered with a towel or disposable covering.



Select a form and position over each nail to check the fit. If necessary, choose a larger one rather than a smaller one and file down to fit.



File the base corners of each form so the form fits exactly onto your nail.

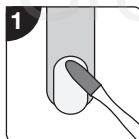


Using the marker pen, label each form for each nail. eg. L1 for left-hand thumb L2 for left-hand index, L3 for left-hand middle, etc.

Repeat this procedure for all nails.

PREPARING THE NAILS

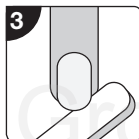
This is the most important part of applying nail extensions, if the nails are not correctly prepared the nail extensions will start to lift. Skin cells contain oils and moisture which will prevent proper adhesion, not removing these thoroughly is the most common cause of nail enhancements lifting. Follow each step carefully.



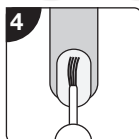
Remove jewellery. Wash and dry hands thoroughly. Gently push back the cuticles with the cuticle pusher.



Lightly buff over the nail surface with the white sanding block to remove surface shine. Pay particular attention to the cuticle and sides of the nail to remove any residual skin cells.



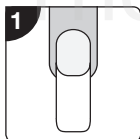
File and shape the free edge of the natural nail to a fairly uniform length with the grit file, with approximately 2mm of free edge. Always file the natural nail in one direction from outside to centre. Brush away dust using a lint-free wipe.



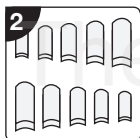
Brush over nail using the nail prep to remove all oils. Do NOT touch the nail surface after this stage as your fingers will transfer natural oils from the skin onto the nail.

PREPARING AND APPLYING THE EXTENSION TIPS

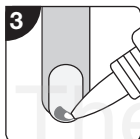
Your working area should be a flat surface covered with a towel or disposable covering. Any spilled glue will be difficult to remove from clothes, furniture and carpets.



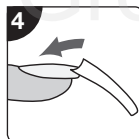
Select a tip for the nail that fits neatly against the free edge of your existing natural nail. If necessary, choose a larger one rather than a smaller one and file down to fit.



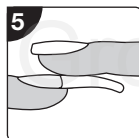
Repeat steps 1 and 2 for each nail. Keep the extensions in the order in which they will be applied to the nails.



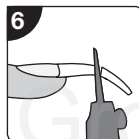
Apply a drop of nail glue onto the free edge of the natural nail.



Hold the tip at an angle to the free edge. Tilt and slide the nail tip onto the nail plate so that the natural free edge sits snugly against the stop point of the tip.



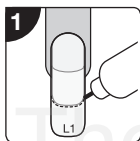
Press and hold the tip in position for about 5 seconds or until an airtight bond occurs with no gaps. This will prevent the trapping of water and dirt.



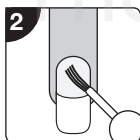
Cut and file to the required length. The nails are only attached by glue at this point, so file carefully. Cut the tips to a sensible length, as knocking and banging the nails will crack them.

Repeat this procedure for all nails.

USING THE FORMS

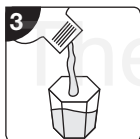


Position the chosen form over the nail. Mark an end line on the form where the nail extension ends.

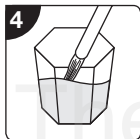


Brush over the natural nail area using the nail primer.

Repeat on all nails.



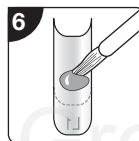
Pour a small amount of the acrylic liquid into the dappen dish.



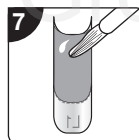
Dip the tip of the brush into the acrylic liquid, wipe off. Dip the brush again and spin the tip on the side of the dish to get a point.



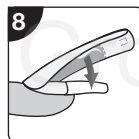
Dip the brush into the acrylic powder, and circle in the powder, for approximately 3 seconds to create a bead.



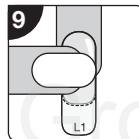
Press the bead into the underside of the form and spin off the brush.



Lightly press the bead into the shape of the form so that it is evenly spread. Use your end line as a guide for where to stop. Make sure the product reaches to the sides.

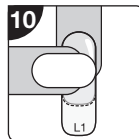


Place the filled form at an angle to the nail plate and lower onto the nail.



Press the form onto the nail plate with gentle but firm pressure and hold in place gently for 60 seconds.

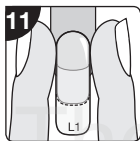
Some acrylic will squeeze out but do NOT press too hard or all the acrylic will squeeze out.



Leave the form in place and work on the next nail.

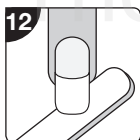
You can remove any acrylic which squeezes out of the sides or top with an orange stick.

USING THE FORMS

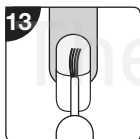


When one hand is complete, hold the form on each side pinch the sides of the form and wiggle off to reveal your overlay.

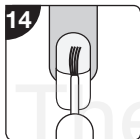
Then work on your other hand.



Neaten the free edge and sides using the grit file. This also helps avoid the hardened acrylic lifting at the back and sides of the nail.



Apply a small amount of cuticle oil to each cuticle, and massage in gently.



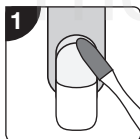
Wash hands with warm water and dry thoroughly. Apply 2 layers of 2-in-1 Varnish to finish the nails.

IMPORTANT: Whilst working you may need to clean the acrylic residue from the brush by dipping into the acrylic liquid and wipe the residue onto a lint-free wipe.

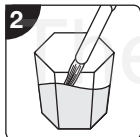
TIP: To maintain the brush between uses, apply a little cuticle oil to the bristles. Remember to remove this with acetone next time you use it.

INFILLING

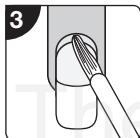
As the natural nail grows it is necessary for you to infill as a gap will appear between the cuticle and the acrylic overlay. The overlay may also begin to lift. Infilling is usually required about two weeks after your first application and every 2-3 weeks thereafter.



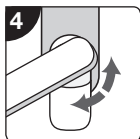
Remove jewellery. Wash and dry hands thoroughly. Gently push back the cuticles with the cuticle pusher.



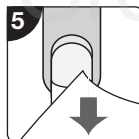
Pour a small amount of the acrylic liquid into the dappen dish, then dip the brush into the acrylic liquid.



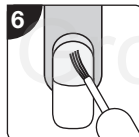
Apply a layer of acrylic liquid to the area to be infilled.



File around the seams of acrylic nail using the grit file, paying attention to remove all loose or lifted areas of overlay. File over the whole area to thin out the previous acrylic overlay.

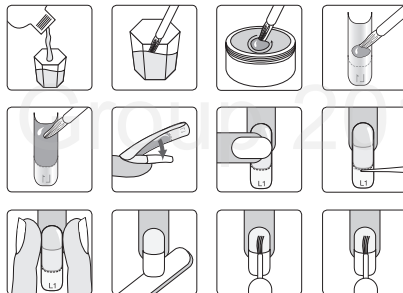


Tap the grit file on a hard surface in between strokes to remove the dust. Brush away any dust on the nail using a lint-free wipe.



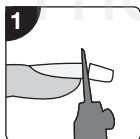
Apply nail primer to the natural nail area.

Follow steps 1-14 in the 'Using the Forms' section.



REMOVING THE NAILS

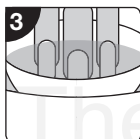
To remove the nail tips you will need some acetone solution or nail varnish remover containing at least 90% acetone. This involves submerging the fingertips in acetone for some time so we do not recommend doing this too regularly.



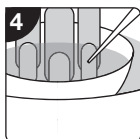
Cut all the extension tips down as far as possible and remove any nail polish.



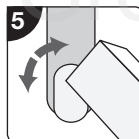
Fill half a medium bowl with hot water (NOT boiling). Place a smaller NON-plastic dish into the hot water filled dish. Pour acetone or nail varnish remover (containing at least 90% acetone) into the inner bowl.



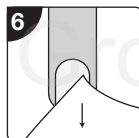
Make sure the nails are fully submerged in the solution. Soak the nails for at least 15 minutes. You can cover your hand with a towel to help maintain the heat and reduce the vapours. Leave until acrylic softens.



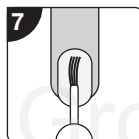
Once softened, keep the nails submerged in the acetone while gently scraping the acrylic from the nail plate using a wooden orange stick. Try to keep your nails submerged during the whole process.



Buff over the whole nail using the white sanding block. Repeat soaking and buffing until all acrylic is removed.



Wash hands and nails thoroughly to remove all traces of acetone. Dry thoroughly.



Condition the skin and nails using the cuticle oil and a good quality moisturiser.

ACETONE is highly flammable.

Do NOT use near open flames, a cooker, hair dryer, microwave or any other similar devices to warm.

Do NOT use on polished surfaces or synthetic materials.

HANDY HINTS

- Keep your brush clean during use by dipping into the acrylic liquid and wipe the residue onto a lint-free wipe. Always clean your brush well after each use.
- To maintain the brush, apply some cuticle oil to the bristles. Remember to remove this with acetone next time you use it, or your acrylic won't bond.
- If the acrylic overlay lifts, file the lifted area and follow the infill procedure. Do NOT pick off.
- To maintain your nail extensions, file the seams and around the free-edge regularly between infills. Apply a little cuticle oil to the nails nightly, and massage into the cuticle. Apply hand moisturiser at least once a day.
- Use a clear base coat under dark or strongly coloured nail polish to avoid staining your nails.
- Do NOT use a polish remover that contains acetone - this will melt your nail tips.
- Do NOT use detergents, such as washing powders or washing-up liquid, or bleach without wearing rubber gloves, these will damage your extensions.
- Do not allow water to become trapped under the nail and always dry your nails thoroughly after washing. Trapped water can lead to water mould, which can require medical treatment.
- Remember the most common cause of nail enhancements lifting is poor nail preparation. Try to meticulously remove all residual cuticle cells from the nail plate before proceeding to the next stage and do NOT touch the nail plate after the preparation stage to prevent contamination with skin oils.

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